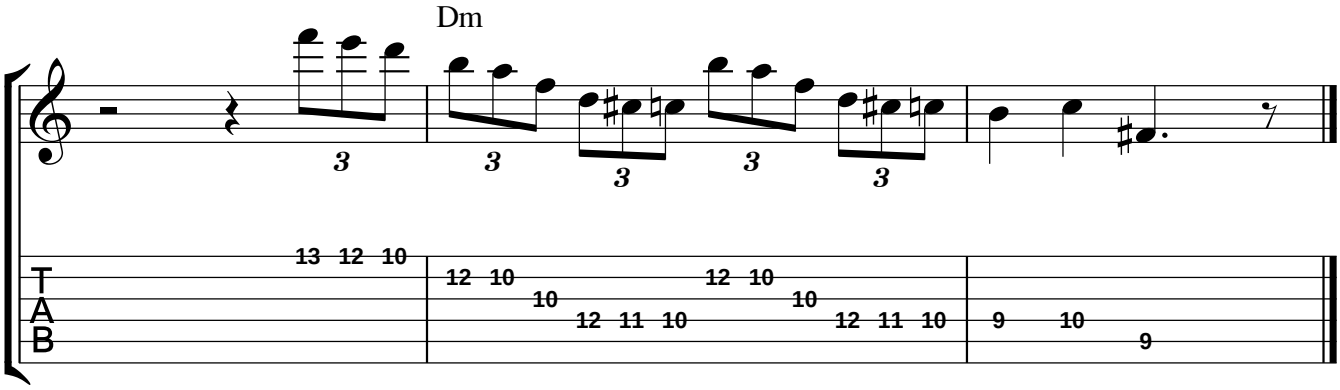Lick 7